

## LADIES' DEPARTMENT.

EDITED BY MRS. M. R. WALTON.

PUBLISHER'S NOTICE.—All communications intended for this department should be addressed to Mrs. M. R. WALTON, Fort Worth, Tex.

For woman is not undeveloped man. For diverse, could he make her as the man. Sweet love were said, his dearest love is this, Not like to like, but like in difference. Yet in the long years like him, they grow, The man is more of woman, she of man. He gains in sweetness and in moral height, Nor loses the wrestling thence that throw the world.

She mental breadth, nor fall in childhood care, Nor lose the culture in the larger mind. At the last she set herself to man, Like perfect man, upon noble words. And so these twin, upon the same of time, Sit side by side, full grown in their powers, Dispersing harvest, sowing the to-be, Self-reverent and reverencing each. Distinct in individualities, But like each other even as those who love. Then comes the stateful Eden hour to men, Then reign the world's great brides, chaste and calm. Then springs the crowning race of humankind, May these things be.

—Singing shespeke, "I fear They will not."

"Dear, but let us type them now. In our own lives, and this proud watchword rest."

Of equal, seeing either set alone Is half; and in true marriage lies Not equal, nor unequal, each fulfill In perfect each, and always thought in thought, Purpose in purpose, will in will, they grow, The single pure and perfect animal. The two could heart, beating, with one full stroke.

—(Tennyson's Princess.

## IN BRIEF.

Every change in fashion is subjected to a certain amount of adverse criticism, because the eye, unaccustomed to the new modes, treats them much in the same way as new acquaintances are met. The coming is close and curious and often hypercritical. The trailing skirt invites criticism, but is quite as dirty as has been charged. A short skirt, scarcely clears the ground, while a trailing one must be held up, not because of skirts in the flimsy that the women of Pittsburg, through the health commissioner, have made a radical move to prohibit promiscuous expectoration. Desecrated spits, it is well known, is conveyed into the lungs and breeds deadly disease. Expectoration is a most disgusting habit, and a habit largely. A home commission of mothers would do good work for the health of communities and the economies of life by teaching their boys, as well as their girls, that spitting is vulgar in the extreme, and should be avoided whenever possible, and when it becomes imperative, should be done quickly and in private.

The question of a city park is being agitated, and there is a hope possibility that at no very distant time there will be a large land for park purposes. Now is the time for the mothers to put in their plea for gardens before grand parks. Think how delightful it would be in the summer morning to send the little ones with an elder sister or the nurse to play under the shade of green trees and amid the pleasant sights and sounds of flowers, singing birds and of tinkling fountains. Then, too, when twilight dawns, the curtain, being drawn with stars, to sit with mother and husband in cool shadows and forest in soft moonlight the cares that infest the day. Certainly an average park would be a great luxury, but squares about the town for tired laborers, in and out of the house, are prime necessities. It would be well to urge this before the time when it will be necessary to tear down substantial buildings to give the crowded dwellers in Fort Worth breathing spaces.

Mrs. Margaret E. L. Dexter in a talk not long since to a company of ladies on "The Well-Equipped Woman," took the ground that versatility was an essential characteristic of the woman she was delineating. With all due respect to the opinion of this noble woman, we never for a moment questioning the desirability of knowing "something of everything" and the impossibility of "knowing everything of something," we feel obliged to differ with her somewhat. For social intercourse there is no woman quite so delightful as the bright woman who listens intelligently and questions with sense, but in the hand, everyday world where the majority of women are battling, it may be for actual existence, that woman who has only versatility and no special talents is a losing battle. The hard lines that come to women in the struggle for life are largely due to the fact that there is no one thing which they know thoroughly and can do well. The versatility which is well known and abandoned and its abandonment is a wrong done all parties. It is particularly unfortunate that girls, of whom there is a growing preponderance, are not being prepared by thorough training for the positions they wish to occupy. "Business is business" is not a dogma in their creed, and they fail to appreciate that longed methods in the office are more fatal to their real interest than any want of drawing-room tact or minor breaches possibly can be.

It is not meant to censure any means by which women become attractive, but to hint that attractive women are only superficial, but this is meant, that in this the woman's century, it is important to her well-being that she know one thing thoroughly and that she cultivate a tact which is the true essence of kindness and begets in the truly tactful a desire to share the feelings of others, a tact that men are said to possess in greater degree than women. Much as women must blush to admit, it is not true that they utter oftener than men little cutting comments and with blindest smile thrust their tiny weapons into the quickest part.

The latest advice report skirts growing longer and wider, some of the lining skirts being at least three yards wide, and the center back from three to five inches on the ground. Front of skirts are plain or only broken by a few folds from the belt. In this material there is a slight suspicion of a panther, and the side laps over the front to give a chance to trim the edge. Jabots of lace, chiffon and other light material are a favorite form of trimming. Where the round waist is used by young women it is frequently fastened in the back, the fronts are full at the shoulder, and peasant waist or giraffe finish the lower part. In making organza and gingham, a sateen is used for foundation skirts, four widths of the light material are needed, the front plain or slightly draped, and gathered back. Everything tending throwing the fullness behind, and in fan pleating care must be taken to have them full enough and close at the waist, to admit of the necessary widening out at the bottom of the skirt. From the skirt-trim sleeve, that might be evolved from the old pieces left after bodice and skirt were cut, there has been a marked change. The prudent cutter will do her

beginning by the cultivation in her daughter of those qualities that attract only superior men, and is not that training which teaches girls to shine in the parlor and fits them solely to amuse idlers who come inspecting the wares. The little tricks that make flirtations, the pretty ways that simply amuse, may fill the parlors but do not tend to proper match-making. Again, that mother is sadly negligent who fails to fend off from her daughter intimacies with such young men as are morally unfit for the society of pure women, or whose want of business qualifications and indolent habits afford no promise of even moderate success. "All for love" is a pretty bit of sentiment, but with nothing but love the stock is too small for ordinary mortals to expect a long continuance of connubial bliss. Match-making in the sense intended is not only legitimate but is a parental duty. Celibacy is the exception, marriage the rule; then it becomes the duty of parents, fathers as well as mothers, to begin early a training that shall make matches easy and desirable, by which sons shall be men worthy of daughters who are trained to be wives in the best acceptance of the word.

## CHAT ON FASHION.

A recent reproduction of an old print that portrays Mrs. Hartley as Cleopatra shows the absurdities of dress at the time when this famous actress personated the Egyptian charmer. Excepting alone the immense loops of the Elizabethan time there is striking likeness to the dress of a modern fashionable woman; there can be seen the long pointed bodice, the puffed sleeves, festooned trimming of the skirt, the pointed slippers and the hair dressed high with three nodding plumes to accentuate the height. It is hard to imagine the siren queen among the lotus blossoms in such a garb, and when this costume is contrasted with that of Bernhardt and other actresses of this day, who have aspired to the role of Cleopatra, the conclusion is that however the fashionable may look backward for style, in dress, in the dramatic world neither good taste nor fitness is violated as in the days of the empire and the Directorate. The girlish and loose-fronted costume, that are the suggestions of Bernhardt, are well adapted to slender figures, as are the panderers that dressmakers insist will be in vogue this summer, but such women are short and stout and have an extra development about the hips the panier is absolutely prohibited and whether the revival will be complete admits of question. These are styles, however, for women of this figure, and a stout woman who has the good judgment to select narrow stripes and adopt straight lines, will make no mistake. For coolness and convenience and real reserve, there is no fabric quite equal to the China silk. In order to fully realize these qualities the fashioning of a dress for street wear should be simple. In making the skirt is absolutely plain, being drawn from the front, so that a few wrinkles are obtained, while in the back it is gathered in and falls in straight, full lines. The basque is a long, turned one, the edges being finished with a narrow binding of silk braid. Across the front the material is draped so that the closing is hidden, and the draping, which comes far across to one side, is fastened on the bust and at the waist-line under stiff rosettes formed of braid. The collar is a high one of silk, with a fold of braid outlining it, and the full sleeves that stand high on the shoulders have a similar finish at the wrist. The skill of the dressmaker is now exercised on bodices and sleeves, and the cottons this season receive as much attention as silks, for modesty recognize, if their customers do not, that it is in the art of designing novel and picturesque costumes that their skill is demonstrated. In fact, women are learning, slowly it is true in places remote from the larger centers, that there is a place and time for the wearing of jewels, rich velvets and heavy silks, and that this place is not the dusty street nor the time an early morning expedition. As genuine culture gains there will be seen a gradual disappearance of such incongruities in costume that always offend correct taste. A woman is invariably safe in choosing a black toilet and in wearing few jewels. Black surah is, therefore a very serviceable material for common wear; it shakes the dust, a quality that does not belong to all black goods. For general wear a gown of surah is in good taste when made with a plain full skirt and a tucked blouse. A more dressy garment of the same material may have a deep sash, ruffle that falls over the front and sides. This ruffle is sometimes put on with a pointed edge, the front being about eight inches wide and running up at the sides to a width of eighteen inches. The back is full and slightly trains, the basque long and the edges outlined with small jet beads. A waistcoat ribbon sashes are worn thickly with deep fringes of small gold beads.

The peculiarity of late summer draperies will be that they will be fastened at the bottom of the skirt rather than at the top, except where painter effects are attempted. The newest parasols are creations indeed—things of lace and silk which would defy Old Sol to make even a plain face anything but tolerable beneath their charming shade.

Blue, white and scarlet reefers with the regulation naval insignia are worn by little girls as well as boys; some of the blue ones have the sailor collar and cuffs of crimson or white and vice versa.

As many as three little stick pins are used on the bonnet strap. Pearl has the first choice and for street wear is preferred, the clusters of small diamonds, garnets, moonstone and astoria being reserved for reception and theater parties.

For this summer's use, says the New York Times, the tennis girl will get into a skirt and blouse of a plain color—gray, perhaps, or pale green—and the touch of color will be found in the bright collar, cuffs and belt and cuffs and braid the collar.

Cheviot, wash silk waists are very prettily made with longwise tucks extending from the bust to the belt all the way around like a corset, or made in Spencer waists with double frills of silk down the front or of the same, with pointed ends to tie at the collar.

The "bell shirt," seamless in front and with but one seam in the back, is drawn down at the top in folds to reveal a bit of silk embroidery fitted in about the hips, and has insertions also of the same material set in to the skirt around the bottom. Such skirts are four yards wide and sweep the pavement three or four inches in the back.

A New York Recorder writer made note the other day of some fine new fashions. One beautiful specimen was painted on chicken skins, with handle and sticks of mother of

pearl. The design was supposed to represent Aurora, and the rags and gold-embossed work began at the handle and "continued" all the way to the top. The colorings are delicately rosy.

A new model for a bridesmaid's dress is of smooth-surfaced white cloth, trimmed across the front with two rows of silver embroidery. The coat-shaped bodice is cut out in tabs, and is covered with a row of pale-green silk trimmed on either side with a broad stripe of silver embroidery. Gauntlet cuffs ornament the sleeves. The dress is edged with green silk, and is fastened at the waist with a green silk foundation.

## HOUSEWIFE HINTS.

To drive away ants, scatter cayenne pepper over the pantry shelves.

Cold tea is the best wash to clean grained wood or natural woodwork.

When the rubber rollers of a wringer stick, rub with kerosene and wipe dry.

If sponge cake is mixed with cold water it is yellow, but if the water be boiling hot the cake will be white.

Kerosene will clean brass, no matter how dark and stained. Moisten a cloth well, rub hard and then use a dry flannel dipped in whitening.

To black a brick hearth, mix some black lead with a little soft soap and water, boil it up, and with a scrubbing brush, scrub the hearth.

Naphtha poured on the spots in a carpet, then rub with a piece of flannel, will remove them. In using naphtha be sure to have the windows open that the gas may escape.

For cake may be prevented from cracking when cut by adding one tablespoonful of sweet cream to each unbaked egg. Stir all up together, then add sugar until as stiff as cake batter.

Corn starch makes the best paste for scrapbooks. Dissolve a small quantity in cold water, then cook it thoroughly. When cold it should be thin enough to apply with a brush. It will neither stain nor mold.

It is said that to destroy flies, boil the water in a pot, add a little salt, and pour it down the drain. It will kill the flies and keep them from coming back.

To clean a gold chain that is dirty and dull, dip it in a bowl of warm water, grate castile soap and pulverized chalk. Shake well and rinse in cold water. Rub dry on a clean cloth and polish with a camellia skin.

To clean the scalp, add six drops of aqua ammonia to a quart of warm water, and with a small bit of sponge or flannel, wash the head thoroughly, dividing the hair into partings, so that all the skin may be reached. It will not only clean the scalp, but also preserves the natural color of the hair. It can be applied once a week before going to bed with very good effect.

## RECIPES.

To cook sweetbreads—Buy fresh from the butcher, and keep them in the tough outer skin; soak away to cook. Next day cut them in neat slices, dip in egg and fry in crumbs like breaded cutlets.

Chocolate caramels—One cup of sugar, one milk, half a cup of New Orleans molasses, one egg, one tablespoonful of boiling water over the chocolate to melt it, then add milk, sugar and molasses, and boil for fifteen minutes on a water bath. Pour into a buttered tin pan and mark in squares.

Quintal blanc mangle—Boil a quart of milk with a teaspoonful of salt and four tablespoonfuls of sugar. Soak half a box of gelatin an hour in a teaspoon of milk, and add to the milk. Pour into a buttered tin pan and mark in squares.

Kentucky rolls—Put three quarts of flour in a large bowl, add one quart of butter, milk and pour over the flour; beat well, then add one cup of yeast and one cup of butter or lard. In the morning mix one cup of cream and one tablespoonful of sugar, and flour to make a stiff dough. Let it rise twice, kneading thoroughly, then make in long rolls, put in pans, and bake when very light.

Rhubarb pudding—Prepare the stalks as for pies; butter well the bottom of a pudding dish, then lay in buttered slices of bread; cover with rhubarb, sprinkle abundantly with sugar, then another layer of buttered bread, and so on until the dish is full. Cover and steam while baking for half an hour, then remove the cover and brown for ten minutes. A meringue is an additional improvement, but not necessary. Eat with cream sauce.

Cornmeal—Take cold cooked ham and chop it fine, season with pepper. Put a tablespoonful of butter and an even tablespoonful of flour in a saucepan, mix, and add a pinch of salt. Cook until the dish is full. Cover and steam while baking for half an hour, then remove the cover and brown for ten minutes. A meringue is an additional improvement, but not necessary. Eat with cream sauce.

Light mayonnaise—Put the yolks of three eggs into a clean cold bowl. Beat them lightly, and add a teaspoonful of salt, and stir for a moment until they begin to thicken. Then add gradually, a few drops at a time, one-half pint of salad oil. You should have now a perfect smooth, very thick dressing. Add a dash of vinegar, a large tablespoonful of vinegar, gradually, this should still be a perfectly smooth jelly-like dressing. Whip one-half pint of cream to a very stiff froth; stir it into the dressing and it is ready to use. The cream must be added only at the last minute or instead of the dressing being light and fluffy, it will be exceedingly heavy.

## NOTES.

Yellow, apricot and pale blue are the favorite shades for tea gowns.

In many of the new wool dresses selvages play a very prominent part.

Skirts are all given so that they are narrow at the top and full at the foot.

The prettiest striped dresses are made of finely twisted flannels in cream, alternating with darker colors.

Ribbons sashes are worn thickly with spangles, jeweled in front and edged with deep fringes of small gold beads.

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As a rule are much more economical and judicious in the use of money than are men, and can make a given amount go farther and accomplish more. If the commission is wise it will turn this amount over to the ladies' executive committee to be used at their discretion; but men have a strong tendency to hold the purse strings.

## Women Lawyers.

A class of fourteen women were graduated last week after a course of law study in the university of the city of New York. This is said to be the first law class exclusively for women that has ever been graduated. Among the members of the class was Mrs. George B. McClellan. (Indianapolis News.)

Mrs. George Bliss of New York has presented to the church of St. Francis Xavier a duplicate, it is said, of a statue in Roslin Chapel, Scotland, of the Virgin, for which Mr. St. Francis Xavier, the archbishop, has signed an appropriate notice. Mrs. Bliss is one of the few Catholic women of New York having a private chapel attached to her house. (Exchange.)

## A Worthy Object.

A New York philanthropist has suggested a way to be used in establishing a kitchen where women may learn the art of economy in cooking. The particular feature of the kitchen is to be the fuel-saving oven, as suggested by the noted economist, Mr. Edward Atkinson. This oven, which by the heat of one kerosene lamp, will cook a dinner of four courses for ten men. (Philadelphia Record.)

**Kate on Suffrage.**  
"As I don't believe in universal suffrage for anybody—man, woman or beast—I have never belonged to the Woman's suffrage association. If man have a right to suffrage, so have women. I deny the right. Suffrage should be a privilege accorded to those who deserve it. As it is now prostituted by millions of ignorant or unworthy men, I see nothing to be gained by giving the ballot to millions of ignorant or incompetent women." (Kate Field's Washington.)

**Mary is as Happy as a Lamb.**  
The Herald correspondent at London says: Mr. and Mrs. Navarro are at Tunbridge Wells. Contrary to report the health of Mrs. Navarro, still generally known as Mary Anderson, is good, and to all appearances she is never happier. Her husband and her husband are traveling most of the time. When in London they live with Hamilton Griffin, her stepfather, at Hampstead. It is interesting at the report of his daughter's unhappiness, and says she was never happier or in better health.

**How to be a Happy Old Maid.**  
To have so much to do that there is no time for morbid thoughts.

To never think for a moment that you are not attractive, and to make yourself look as charming as possible.

To be so considerate of the happiness of others that it will be reflected back to you as a looking-glass.

To never permit yourself to grow old, for by cultivating all the graces of heart, brain and body, age will not come upon you.

To believe that a life work has been mapped out for you, that it is near to you, and to do that which your hands find for you.

To remember that the happy old maid is the one member of a family who, not having any other claims on her, can be God's own sunshine to those in sorrow or in joy. (From the Ladies' Home Journal.)

**One of the Six.**  
Miss Jean Gordon of Cincinnati, upon whom will be conferred the degree of Ph. G. at the Philadelphia college of pharmacy this evening, has earned the highest average ever attained by any woman graduate.

The Alumni association also awarded the prize for "analytical chemistry and specimens." This prize has been awarded, ever since the opening of the college for the study of pharmacy, and during the time only two other persons have had a higher average. Out of the 184 graduates in the class of this year only six obtained the highest rating of "distinguished." Miss Gordon was one of the six. This thoroughly going young lady has again succeeded in proving that her sex can keep at the front when they give their minds to it. She was a member of the Phi Kappa Psi chapter, and contented against bright young men; but brains count, and Miss Gordon possesses brains. We congratulate her. (Record.)

**Before You Clean House.**  
Long before the calendar says it is time to clean house, says The Ladies' Home Journal, you should look over the magazines, papers, disabled furniture, discarded garments and household ornaments which even twelve months accumulate so without notice. Be brave, and do not allow an indiscriminate mass of articles against the possible needs of the seventh year of which we hear so much. Give away the best of the old garments and sell the remainder to the junk man. The magazines and papers which you do not intend to have bound or to utilize in your scrap-book, will be eagerly read in some hospital or other institution.

Give away the culture and ornaments which greatly brighten the dreary surroundings of some poor family. Have the courage of your convictions in dealing with the contents of trunk and boxes. Dispose with non-essentials and systematize the remainder, and your reward will be a delightful sense of space and a feeling of almost physical relief.

**WATCH THE LABEL ON YOUR PAPER.**  
All papers are supposed on the day to which they are prepaid.

**CONSUMPTION.**  
It is possible to cure consumption by the use of a certain kind of food and by the use of a certain kind of exercise. The following is a list of the best food and exercise for consumption.

**\$100 EVERY MONTH.**  
The following is a list of the best food and exercise for consumption.

**GO TO THE Commercial College.**  
The following is a list of the best food and exercise for consumption.

**OLD DOCTORS' COLLEGE.**  
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**EMERALD**  
TO RELIEVE THE PAIN OF THE SKIN OR TO BATHE THE FACE WHEN CHAPPED OR BURNING TO REDUCE ANY INFLAMMATION. TO CHECK ANY BLEEDING. BUT REFUSE SUBSTITUTES. GENUINE HAS BUFF WRAPPER AROUND BOTTLE. MADE ONLY BY POND'S EXTRACT CO., 76 FIFTH AVE., NEW YORK.

**THE LADIES' FRIEND.**  
Gazette's Cook Book  
WEEKLY GAZETTE ONE YEAR AND COOK BOOK ONLY \$1.00.